Ryan Jones, Clinical Exercise Physiologist



Ryan Jones is originally from New York City, where he graduated with his Bachelor's in Exercise Science (kinesiology focus) from Long Island University.

Ryan still calls NYC home after joining the p360 team at Mount Sinai hospital as a strength coach/exercise physiologist in 2020. Ryan has always emphasized gaining experience in various settings that range from nursing homes to the trauma center for spinal rehabilitation, commercial health clubs, post-operative orthopedics, and sports rehabilitation and performance for athletes at all levels. Ryan has found his true passion for working with athletes of all walks of life.